

# Klamath Health Partnership

## Job Description and Responsibilities



### Position: Mental Health Therapist

**Status:** Exempt  
**Reports to:** Behavioral Health Director  
**Location:** Klamath Open Door

The Mental Health Therapist works as part of an integrated interdisciplinary team serving individuals with behavioral health problems within a primary health care setting. The Mental Health Therapist handles crisis intervention needs, and maintains a daily schedule of individual and/or group therapeutic treatments. In addition to treating severe and persistent mental health issues (SPMI,) they provide counseling and skill training for pain management, diabetic control and other areas of patient education needs. This may include substance abuse and social skills interventions such as areas of domestic violence. In all cases they work closely with primary care providers and other team members to develop specific behavioral change plans for patients that often experience complicated medical needs.

#### Key Responsibilities

- In conjunction with primary care providers, the Mental Health Therapist is responsible for diagnosing, treating and managing individuals that are experiencing mental health disorders, psychosocial problems. Treating both chronic and acute emotional and/or health problems.
- Conducting intake assessments of mental and behavioral conditions, providing therapy using a variety of models (CBT, ACT, DBT, etc.) and processes (individual, couples, family, group, etc.)
- Assess and evaluate “at risk” patients within a medical setting, developing prevention strategies including the involvement of additional agencies such as DHS, Tribe, SPOKES, KBBH and/or calling 911 when necessary.
- Provide emergency telephone counseling and support services for patients and community partners (such as the hospital.)
- Making effective referrals to other providers as indicated by patient’s (specialty) needs.
- Documentation of all patient activity including phone calls in a timely and accurate manner. This includes forwarding notes and information needed to other team providers such as the PCP or Psychiatric Nurse Prescriber, so that they can make any needed adjustments in patient’s care.

#### Desired Knowledge, Skills, and Abilities:

- A Masters Degree in Psychology, Counseling, Social Work or related field is required.
- Current Oregon State License (LCSW, LMFT, or LPC) is strongly preferred. (Licensure supervision is available for the right candidate.)
- CADC 1, 2 or 3 in addition to a therapy license would strengthen the applicant.
- Multicultural abilities are necessary, and Spanish speaking is another strong preference.
- Knowledge of behavioral health medicine, and use of evidence-based treatment models.
- Ability to make accurate clinical (DSM – 5) assessments, using a variety of assessment tools.
- Ability to work as an effectively team member in a high stress/paced environment.
- Computer skills, including experience with an EMR or other electronic records format.

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### **Accommodations**

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is regularly required to walk, talk, bend, lift, carry, write, and hear. The employee frequently is required to stand, walk, sit and use hands to finger, handle or feel. Specific vision abilities required by this job include close vision, distance vision, color vision, depth perception and ability to adjust focus.